

INSTRUCTIONS FOR PATIENTS RECEIVING IV SEDATION

You will be receiving medications to sedate you and make your dental procedure more comfortable. It is very important to review the following information and suggestions.

Before your appointment

- Please arrive at least 10 minutes before your appointment
- Continue to take your regular medications at the regularly prescribed time. If there is any change in your medication, please advise your dentist
- Wear loose, comfortable clothing. Avoid makeup including lipstick, nail polish etc.
- Avoid alcohol the day before and the day of the procedure
- Do not eat or drink anything for 6 hours before the procedure
- Avoid smoking cigarette/cannabis/cigars etc. for 1 week before surgery
- If you have an illness (cold, flu, cough) on the day before your procedure, please call our office at (902) 446-2326
- Arrangements must be made for a responsible adult to drive you home
- Depending on the type of procedure, we may provide antibiotic or pain medications before we begin

Following your appointment

- Depending on your response and ability to walk, you will be discharged in the care of your companion
- Go home and rest for the remainder of the day
- Do not attempt to eat a heavy meal immediately. Start with light diet (liquids, soft food)
- Occasionally you may feel nauseous. Lying down for a while and/or glass of cola beverage may help
- Do not drink alcoholic beverages for 24 hours. If antibiotics is prescribed, it is advisable to abstain from alcohol for at least 1-2 weeks
- Do not drive a motor vehicle or perform any hazardous task for the next 18 hours
- Medications may have been prescribed to you and will be written down in the post-operative instruction sheet. Please follow the sheet for further instructions.

If you have any concerns about your procedure or have any follow up questions, please call us during office hours at (902) 446-2326 or After hours number provided in the post-operative instruction sheet.